

The FLAME BAR & GRILL



APPETIZERS

WINGS
6 for 9 | 12 for 16
Wings, deep fried and tossed in your choice of BBQ, BBQ-hot, or Buffalo sauce, Teriyaki sauce, dry rub Cajun, and dry rub ranch served with blue cheese or ranch dressing

FRY BREAD
Fresh fry bread made fresh in our kitchen, served with a side of whipped maple-honey butter 9

CHEESE CURDS
Lightly dredged and fried to perfection and served with ranch dressing 9

SPINACH ARTICHOKE DIP
Assorted cheeses, spinach, artichoke hearts, sweet onions, butter and whipping cream, served with mini pitas 14

QUESADILLA
Giant flour tortilla, stuffed with assorted cheeses, served with salsa and sour cream on the side 11
Grilled veggie 13.00 / Chicken 14.00

TOUCHDOWN
Waffle fries, cheese sauce, shredded cheddar, house made pulled pork, mild BBQ, sour cream and green onions 15

ANGRY SHRIMP
Deep-fried and blackened, over crinkle cut fries, drizzled with house made Buffalo sauce, served with a side of ranch or blue cheese dressing 13

SOUPS

CREAM OF CHICKEN WITH WILD RICE
Cup 5 • Bowl 7

CHICKEN CHILI
Cup 5 • Bowl 7

MAKE IT A LOADED CHILI +1
Shredded cheddar, sour cream, diced onion

SALADS

CAESAR SALAD
Crisp romaine, imported Parmesan, house made croutons 11

HOUSE SALAD
Mixed greens, cucumber, baby heirlooms, roasted red pepper, shredded carrot, red onions 7

ADD GRILLED CHICKEN +5
GRILLED SHRIMP +7 | GRILLED FISH OF THE DAY +8

CHOICE OF HOUSE MADE DRESSINGS
Blue Cheese, Red Wine Vinaigrette, French, Ranch, Chipotle Ranch, Honey Mustard, Caesar



SANDWICHES

PHILLY CHEESE STEAK
Shave choice "Rib Eye" seasoned and griddled just right, sautéed onions and green peppers with provolone cheese on a butter toasted French bread, au jus on the side 17

CHICKEN PESTO
Marinated and grilled antibiotic free chicken breast, served on a butter toasted brioche bun with pesto mayo on the side 15

PORTABELLA
Giant mushroom cap marinated and grilled, topped with roasted red pepper and fresh mozzarella served on a butter toasted brioche bun 14

PULLED PORK
House made pork, choice of mild or hot BBQ on the butter toasted brioche bun, and a pickle 15

BUFFALO CHICKEN
Deep fried or grilled tossed in house made Buffalo sauce, on butter toasted brioche bun, and a pickle with ranch or blue cheese dressing 16

BLT
Applewood smoked bacon, piled high, lettuce and freshly sliced tomato served on butter toasted sourdough with sun-dried tomato aioli 14

BLACKENED FISH
Chef choice, blackened and grilled on a toasted buttered brioche with tartar sauce and a pickle 14

THE "BRAT"
Ojibwe market specially made brat for THE FLAME, chargrilled served on freshly baked roll topped with caramelized onions and sport peppers 14

BURGERS

THE HANGOVER
Char grilled, American cheese, Canadian bacon and a fried egg 17

BLACK N BLUE
Blackening spice, char grilled, topped with crumbled blue cheese and caramelized onions 17

THE SHROOM
Char grilled, Swiss cheese, and sautéed mushrooms 16

THE TEXAN
Char grilled, cheddar cheese, applewood smoked bacon, BBQ 17

BUILD YOUR BURGER

ALL SANDWICHES AND BURGERS SERVED WITH CRINKLE CUT FRIES AND A PICKLE
UPGRADE CRINKLE CUT FRIES TO ONION RINGS, WAFFLE FRIES, SWEET POTATO TOTS FOR 2

GLUTEN-FRIENDLY WRAPS OR BUNS AVAILABLE

LETTUCE, TOMATO, ONION AVAILABLE UPON REQUEST

PLAIN
Char grilled, served on a butter griddled brioche bun 14

Additional Toppings +1
Swiss, Provolone, Cheddar, American, pepper jack, jalapeno, BBQ sauce, sautéed mushrooms, grilled onion, egg

Additional Toppings +2
Applewood smoked bacon, Canadian bacon, pulled pork

CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS

SIGNATURE DISH



DINNER

PULLED PORK
Served with choice of BBQ, roasted garlic mash and seasoned corn 18

PASTA ALFREDO
Imported cheeses, heavy whipping cream makes this a rich velvety sauce with garlic bread 16
ADD CHICKEN 5 | SHRIMP 7

CHICKEN MARSALA
Chicken breast sautéed with butter, mushrooms, in a tasty Marsala sauce served atop garlic mash potatoes 21

SALMON
Seasoned and grilled, whiskey glazed, served with wild rice and sautéed green beans & julienned red bell pepper 24

PIZZA

	12"	16"
CHEESE	14	17
SAUSAGE	16	20
PEPPERONI	16	20
THE TOUCH DOWN Sausage, pepperoni, ham, bacon	23	27
THE GARDEN Green peppers, onion, mushrooms, and banana peppers	17	23
CAPRESE Basil pesto, fresh sliced tomato, fresh mozzarella, balsamic glaze, finished with fresh basil	18	24

ADD ONS

Green Pepper, Onions, Mushrooms, Banana Pepper, Black Olives, Diced Tomatoes, Fresh Jalapeños, Pineapple Chunks, Red Onions, Fresh Basil, Chopped Garlic, BBQ, Buffalo Sauce	+1	+2
Sausage, Pepperoni, Grilled Chicken, Bacon, Cheese, Canadian Bacon, Italian Beef	+2	+3

FRIDAY NIGHT FISH FRY

Served Blackened, Pan Roasted, Or House Made Beer Battered.
Served With our Famous Fry Bread, Cole Slaw, Tartar Sauce and Fresh Lemon. Side Choice of French Fries, Baked Potato, or Side Salad.

3 PC COD	19	**WALLEYE**	22
LAKE PERCH	23	**JUMBO SHRIMP** *Panko breaded	21



SIDES

CRINKLE CUT FRIES	5
WAFFLE FRIES	5
SWEET POTATO TOTS	5
BATTERED ONION RINGS	5
SAUTÉED VEGGIES	5
WILD RICE	5
GARLIC MASH	5

KIDS MENU

WILL INCLUDE CHOICE OF CRINKLE CUT FRIES, OR FRESH CUT FRUIT, WITH A DRINK

CHICKEN TENDERS	11
MAC-N-CHEESE	10
BURGER	10
PIZZA	10

DESSERTS



CHEESECAKE BRULE	7
GF CHOC CAKE	7
FRY BREAD	8

Topped with whipped honey ricotta, berry compote, and whipped cream

DRINK MENU

BUCKETS

THE "LDF"
Tito's vodka, fresh squeezed lemonade and strawberries 15

FLAMARITTA
Silver tequila, jalapeno infused tequila, fresh citrus, agave on ice 15

THE SHIPWRECK
Bacardi rums, fresh fruit juices, on the rocks 15

JOHN DALY
Tito's vodka, fresh squeezed lemonade and tea 15

MOCKTAILS

REFRESHER
Mango syrup, pineapple juice, coconut water topped with cranberry juice 5

ARNOLD PALMER
Fresh squeezed lemonade and premium tea 5

THE GINGER
Passion fruit syrup, orange juice, pineapple juice, and ginger beer 5

STRAWBERRY FIZZ
Strawberry puree, fresh squeezed lemonade and lemon-lime soda 5

MIXERS



THE CALYPSO
Coconut rum, cranberry and pineapple juice with a splash of club soda 7

THE RODEO
Four roses bourbon, orange juice, lime simple syrup, with ginger beer 8

TARZAN
Coconut rum, melon liqueur, banana liqueur, topped with pineapple juice 7

SUNBURST
360 lemon vodka, melon liqueur, triple sec, simple syrup, fresh lemon juice topped with lemon-lime soda 7

SOUTHERN COMFORT
Coconut rum, Reposado tequila, pineapple juice, and lime simple syrup 7

TROPIC THUNDER
Blue curacao, coconut rum, banana liqueur, orange and pineapple juice 7

SPRING BREAK
Pink lemonade vodka, watermelon vodka, topped with lemonade and splash of lemon 7

MULES

THE IRISHMAN
Jameson orange, lime juice, and ginger beer with orange wheel garnish 8

WAY SOUTH
Mezcal, lime juice, and ginger beer with lime wheel garnish 8

NORTHWOODS
Blackberry brandy, lime juice, and ginger beer with mint garnish 8

THE RUM MAN
Gold rum, sailor jerry, dark rum, lime juice and ginger beer topped with lime wheel garnish



THE GREYHOUND
Citrus vodka, grapefruit juice, and ginger beer topped with mint garnish 8

CROWN ME
Crown apple, apple cider, and ginger beer topped with candied ginger garnish 8

BERRY NICE
Strawberry/Blueberry/Raspberry vodka, lemon juice, berry syrup and ginger beer topped with mint garnish 8